

**Dane County Department of Human Services** 

# Residential Substance Use Disorder (RSUD) Treatment Network

**Behavioral Health Division** 

# Dane County residents with Medicaid Assistance are eligible for DCDHS funding for Room and Board.

- 1. Contact your preferred RSUD provider listed in this directory. If you are seeking services in a language other than English, please contact the Behavioral Health Resource Center at (608) 267-2244.
- 2. The provider may conduct an assessment to determine your appropriate level of care.
- 3. Once accepted to a residential care center, the provider will work with Medicaid to obtain prior authorization.
- 4. The Provider will follow up with DCDHS for Room and Board billing.

## Dane County residents without insurance are eligible for DCDHS funding for RSUD treatment.

- 1. Contact the Behavioral Health Resource Center at (608) 267-2244.
- 2. You will be referred to a provider for an assessment and, if appropriate, a RSUD provider.
- 3. The provider will follow up with DCDHS for funding.

### Things to know before calling an RSUD provider.

- 1. Many factors, such as staffing shortages, may impact a Provider's capacity, programming, and admissions criteria. Please call the provider directly for the most up to date information.
- 2. Providers offer different levels of care (LOC). The LOC you need is determined by an assessment commonly known as an ASAM. RSUD providers are able to conduct these assessments, though it may save time to have an outpatient provider conduct an ASAM so that you may contact only those providers who offer your needed LOC. Contact your primary care physician or behavioral health provider for assistance. If you are not already connected with a provider, you may contact the Behavioral Health Resource Center (BHRC) at (608) 267-2244.
- 3. Make sure to discuss with the RSUD provider any concerns or questions you may have to determine if the provider is a good match for your needs. You may wish to discuss:
  - Type of programming offered
  - Medications you are taking
  - Level of interaction between residents of different genders

- Any legal history or current charges
- Medical needs
- Mobility requirements
- Cultural considerations and concerns

#### **5 Door Recovery** Phone: (608) 827-9170 810 W Olin Avenue · Madison, WI · 53715 M/F • Dual-diagnosis programming with some psychiatric stabilization possible (dependent on Gender: LOC: 3.5 capacity) **English** Offers art therapy, healing yoga, therapeutic recreation, and optional spiritual support Languages: Accommodations: Walkers and Gender-affirming treatment- all rooms/bathrooms are single occupancy and gender-neutral • Check Website to see if 5 Door is currently taking referrals canes Accepts uninsured Yes ⊠ No □ individuals: Notes: Unable to accept clients on the sex-offender registry or residents who have a serious violent offense, ability to provide dual-diagnosis programming dependent on capacity

ARC Phone: (608)278-2300 Multiple Locations· Madison, WI			
Gender: LOC: Languages: Accommodations:	F 3.5/3.1 English Walkers and canes	<ul> <li>Women only, gender-specific care</li> <li>Experienced providing support for women who have experienced domestic violence, sexual abuse, and sexual victimization</li> </ul>	
Accepts uninsured individuals:	Yes □ No ⊠		
<b>Notes:</b> Unable to acceed of controlled medication	. •	fenders or people with violent offenses, may require drug test prior to admission for some prescriptions	

#### **Meta House** Phone: (414)977-5884 2625 N. Weil Street · Milwaukee, WI F Gender: Women only, gender-specific care LOC: 3.5/3.1Care includes individual counseling and several evidence-based group therapy options such as DBT Skills group and Seeking Safety for women who have experienced trauma Languages: English Accommodations: Must be • Children up to age 12 are allowed to stay at the facility with their mother while she receives ambulatory treatment Accepts uninsured Yes □ No ⊠ Completed referral forms should be emailed to info@metahouse.org individuals: • Referral forms are found /www.metahouse.org/preintake Notes: Unable to accept registered sex offenders or people with violent offenses. Facility does not allow smoking. There are limitations to caffeine and sugar to promote moderation. No outside food or beverages allowed with the exception of specific, approved items to meet child

Nova Counseling Services Phone: (920) 231-0143 3240 Jackson Street · Oshkosh, WI · 54901		
LOC: Languages: Accommodations:	M 3.5/3.1 English Walkers and canes	<ul> <li>No mental health treatment</li> <li>Offer family addiction support programming</li> <li>All staff are required to take cultural competency/humility training</li> </ul>
Accepts uninsured individuals:	Yes □ No ⊠	

diagnoses including schizophrenia, schizoaffective disorder, acute psychiatric distress, active eating disorders, or self-harm/cutting

needs.

### WoodsCrossing and The Grove Phone: (262) 490-9088 255 W. Broadway · Waukesha, WI

Gender: M/F
LOC: 3.5/3.1
Languages: English
Accommodations: Must be fully

ambulatory

Accepts uninsured Yes □ No ⊠

individuals:

- Coed Treatment Center
- Able to accept people with co-occurring mental health diagnoses
- Modalities include EMDR, DBT, Brainspotting, and more
- Offers job assistance and support
- Inclusively serving trans and nonbinary individuals
- The two facilities are physically located in Broadhead and Waukesha

**Notes:** Coed facility with genders separated by wing. Individuals who take benzodiazepines may be required to taper prior to admission. Able to provide most MAT treatment, not able to provide continued services for methadone. Able to accept individuals on the sex offender registry.

#### **Blandine House** Phone: (920) 922-9487 25 Park Avenue · Fond du Lac, WI · 54935 Gender: Male • Specialize in serving men with chronic SUD complicated by medical problems, LOC: 3.1 homelessness, etc. **English** Community partners offer parenting classes, yoga, meditation Languages: Accommodations: Walkers and canes Focus on independent living skills Accepts uninsured Yes □ No ☒ Also offer sober living that may be available to residents through work program individuals: All staff are in recovery • Only one single-occupancy room, all others are shared **Notes:** May require alternate prescription for some controlled substances including benzodiazepines, stimulants, and other narcotics. Residents who are registered as sex offenders are not able to participate in programming offered through the YMCA

If you are not accepted to any of the providers in this directory, or if you require services in a language other than English, please contact the Behavioral Health Resource Center at (608) 267-2244 for assistance in connecting with an alternate provider.