## Dane County Behavioral Health

Case Management Services



Case Management can assist an individual with daily living, tracking and getting to appointments, medication management and financial assistance.

Look inside for more details!



Signs Case Management may be for you

You can use extra support with

- Medication management and monitoring
- finances
- benefits
- housing
- medical appointments
- education or employment
- advocacy
- coping with behavioral health challenges
- social and recreational activity
- peer support



# Not Sure Where to Start?

Call, Visit or Email the **Behavioral Health Resource Center (BHRC)** 

(608) 267-2244

danebhrc.org

BHRC@countyofdane.com





### To Get Funding

You must have or qualify for Medical Assistance (MA) / Badgercare or Long Term Care.

To get more information on WI Medicaid, visit WI DHS website.

dhs.wisconsin.gov/medicaid

To Get Access

Call the Behavioral Health Resource Center (BHRC)

(608) 267-2244

The BHRC is a voluntary person and family cenetered service designed to help all Dane County residents access behavioral health services in Dane County.

## Are you eligible?

- Are you a Dane County Resident?
  - This means you have a Dane County address, have been in Dane County at least 30 days and you mean to stay in Dane County for the foreseeable future
- Do you have a Mental Health and/or Substance Use Diagnosis?
  - A formal diagnosis and may require a prescription for services, depending on your choice of services
- Do you need support with everyday living tasks and skills?
  - Symptoms are getting in the way or
  - you have no other support or
  - you need help to successfully manage money/appointments/ health care on your own

If you answered yes to all the above, then you may be eligible!

Please reach out to the

#### Behavioral Health Resource Center

to discuss your options and apply for services

danebhrc.org

(608) 267-2244

## Service Options

# Comprehensive Community Services (CCS)

Service facilitator assists in linking to services based on client requests within the vast CCS service array

Intake and inquire directly to CCS at 608-242-6415

# Community Support Programs (CSP)

Wrap-around treatment team including prescriber, case manager, nurses and therapists

#### **Targeted Case Management (TCM)**

Dedicated case manager to assist in daily living needs and coordination with up to weekly contact

Other specialized services include

PROPs - for ages 15-25, experiencing their first episode psychosis (FEP).

Ujima - an Inclusive space for people of color with an emphasis on lived experience of those who identify as Black or of African descent.

Clinica Latina - services provided in Spanish are based on assessment and include therapy, AODA counseling and psychiatry.

Project RESPECT -serves adult and juvenile victims of prostitution, sexual exploitation, and human trafficking.

Hope Project- holistic harm reduction program for women who suffer from opioid or stimulant use disorder.

MAT -medication assisted treatment services and support for those in recovery from heroin/prescription opiate drug addiction.