

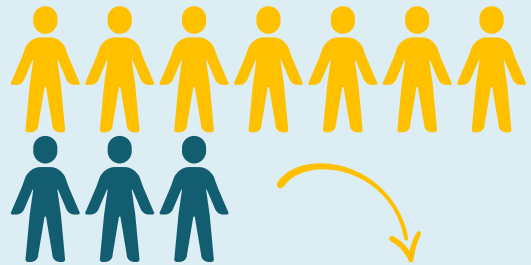


BEHAVIORAL HEALTH RESOURCE CENTER (BHRC) 2024 YEAR IN REVIEW

The BHRC is a non-crisis, person-centered resource navigation service designed to help all Dane County residents access behavioral health services, regardless of insurance status, financial status, age, identity, ability, or legal status. BHRC prioritizes the person as the expert of their needs.

2,854 People Served

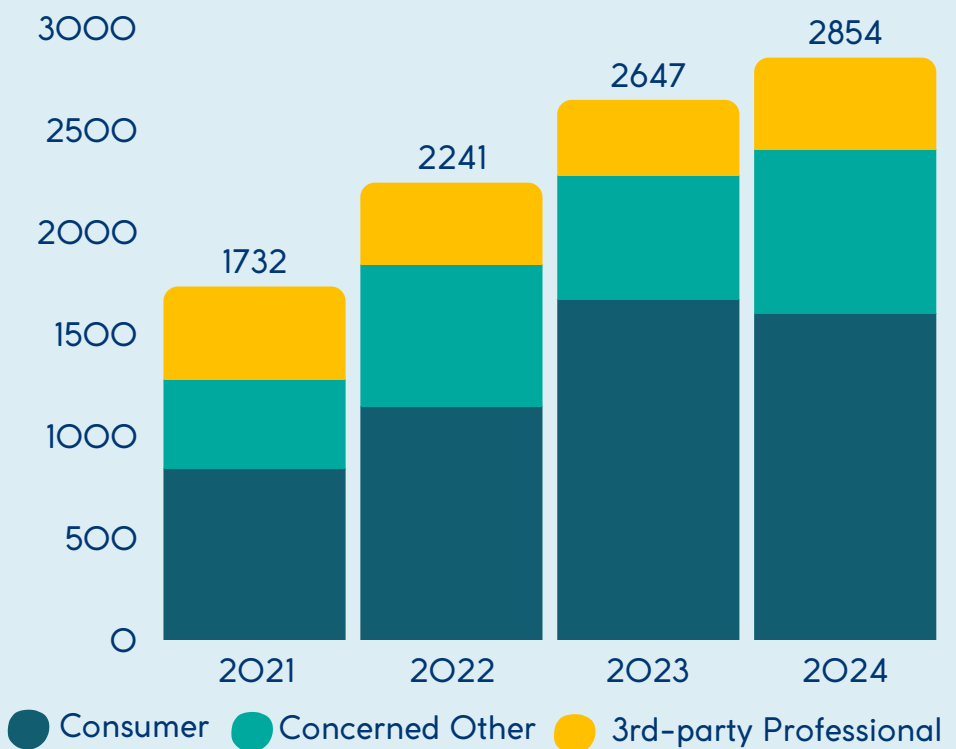
10,429 Referrals Made



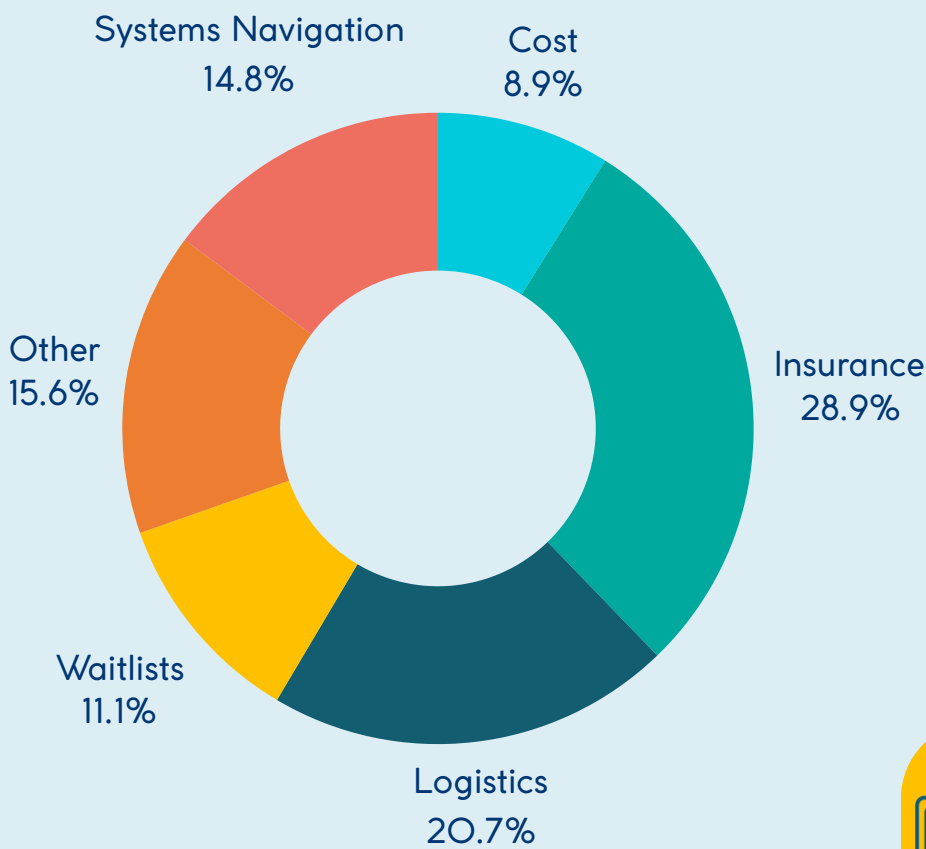
Nearly 7 out of 10 consumers and concerned others seeking mental health services

Nearly 3,000 Unique Individuals Served in 2024

Consumers & Concerned Others continue to make up the majority of contacts to the BHRC



BARRIERS TO ACCESS



Consumers report insurance, logistics to access, and systems navigation as the most common barriers to access.

Interested in a deeper dive?



Check out the BHRC's [Annual Reports](#) from 2021-2023!

Looking for help?

Call the BHRC
(608) 267-2244 or go to danebhrc.org

New in 2024!

COMMUNITY-BASED SERVICES



The BHRC now provides community-based services (CBS) at locations in the community where residents may otherwise not have the opportunity to access behavioral health services connection and resources.

97 new cases opened during CBS in 2024

Staff provide drop-in resources and referrals to consumers at locations like [the Beacon](#), the [Dane County Job Center](#), and Sun Prairie's [Sunshine Place](#).

PEER SUPPORT SERVICES



The BHRC has expanded to offer peer services! Whether a consumer is on a waitlist for ongoing services, a concerned other is seeking support as they navigate care for their loved one, or a consumer is not quite sure what type of care they want - a peer support specialist can support them on their journey to treatment and recovery.

What is Peer Support?

Peer Support is when a person with lived experience provides knowledge, emotional support, or practical skills development to support another person's treatment and recovery process. Learn more about Peer Support [here](#).



LANGUAGE SERVICES

The BHRC now offers language services, where consumers can speak with a bilingual behavioral health resource specialist in Spanish or Hmong. The BHRC can also help consumers access language services in other preferred languages.



2024 CALLS

167 calls to Language Services

Call the BHRC at (608) 267-2244

Press 1 for English; Para español presione 2; Lus Hmoob, nyem tus lej 3

WHAT'S NEXT AT THE BHRC

COLLABORATE

Collaboration with community partners is integral to the BHRC mission. Staff collaborate with community organizations and agencies at community events - including resource fairs and celebrations - and build partnerships with partners working across the Human Services array in housing services, family support services, harm reduction and prevention, and public health.

ADVOCATE

The BHRC continues to bridge the gap between consumers seeking services and a complicated behavioral health care system. The BHRC prioritizes consumer voice and choice in their access to services and resources. The BHRC empowers consumers to choose services that are the right fit for their needs and goals.

CONNECT

The BHRC prioritizes outreach to underserved communities, including BIPOC consumers, those who identify as LGBTQ+, consumers who are unhoused or housing-insecure, who have a disability, and who identify as an older adult.